

St. Wilfrid's CE Primary Academy Curriculum Overview 2023-2024 PSHE and RSE



Year	Autumn Term		Spring Term		Summer Term	
All Year Groups:	Children are taught to develop the knowledge, skills and attributes they need to keep themselves healthy and safe and prepare for life and work in modern Britain.					
1	Living in the Wider World - Rights and Responsibilities		Relationships - Managing different relationships		Living in the Wider World - Caring for the Environment	
	Relationships - Differences and Diversity		Health & Wellbeing - Personal Safety		Health & Wellbeing - The Changing Body	
2	Relationships – Families and close positive relationships Health & Wellbeing – Personal Safety and Hygiene		Relationships – Safe Relationships Health & Wellbeing – Managing Feelings and Emotions		Living in the Wider World – People who can help in the Community, Valuing difference	
					Living in the Wider World - The role of Money in our Lives	
3	Relationships Families and close positive relationships	Health & Wellbeing Making Healthy Choices	Health & Wellbeing Making Healthy Choices	Relationships Safe Relationships	Health & Wellbeing Mental and Emotional Health	Living in the Wider World Economic Wellbeing: Aspirations, work and career
4	Relationships Friendships	Health & Wellbeing Making Healthy Choices	Relationships Safe Relationships	Living in the Wider World Economic Wellbeing: Aspirations, work and career	Health & Wellbeing Mental Health	Living in the Wider World Economic Wellbeing: Money
5	Relationships Friendships	Health & Wellbeing Ourselves, growing and changing	Relationships Managing hurtful behaviour and bullying and Safe relationships	Living in the Wider World Media Literacy and Digital Resilience	Health & Wellbeing Keeping Safe: Drug Education	Living in the Wider World Economic Wellbeing: Money
6	Relationships Families and close positive relationships	Health & Wellbeing Ourselves, growing and changing	Relationships Respecting self and others	Living in the Wider World Communities	Living in the Wider World Communities	Health & Wellbeing Keeping Safe