



Ince Start Well Family Centre - Summer 2022

Booking is essential for all our sessions. Please call 01942 767503 option 2 to book your place.



Baby Massage Taster

Session
6 weeks - 6 months

Tuesday 2nd August
1:30-2:30pm at Ince SWFC

&

Friday 19th August
10-11am at Standish Library

A relaxing session for parent and baby.

Musical Mayhem

0-5 years

Tuesday 2nd & 23rd August

10-11am at Ince SWFC

&

Friday 12th August
10-11am at Standish Library

A fun and lively music & movement session.

SEN Sensory - For non mobile children/Children with physical disabilities.

0-5 years

Friday 5th August
1:30-2:30pm at Standish Library

Explore colours, lights and textures in our sensory room.

Let's Build

0-5 years

Tuesday 9th August
1:30-2:30pm at Mesnes Park

&

Friday 19th August
1:30-2:30pm at Ince SWFC

Den building, construction and lot's more!

Toy Library

Mondays

1:30-2:30pm at Ince SWFC

Visit our brand new toy library. Hire a different toy, story or physician activity bag to enjoy at home! £1 per family per visit. Signup to our membership programme today.

Sensory Peepo's

0-12months

Friday 5th August
10-11am at Standish Library

&

Tuesday 16th August
1:30-2:30pm at Ince SWFC

Explore colours, lights and textures in our sensory room.

Twins & Multiples Sensory

Garden

0-5 years

Tuesday 9th August
10-11am at Ince SWFC

&

Tuesday 23rd August
1:30-2:30pm at Ince SWFC

Explore our sensory garden and meet other families with twins/multiple children.

Volunteer drop in

Friday 12th August
1:30-2:30pm at Ince SWFC

Would you like the chance to learn a new skill, gain training and help others? By becoming a Start Well volunteer we can offer this a much more! Come along to find out more.

Supersonic Science

18 months - 5 years

Tuesday 16th August
10-11am at Menes Park

Take part in a range of exciting space, living things, light and colour experiments! We will be joined by our fabulous face painter too!

Parenting Drop in

Fridays 9:30-11am at Ince SWFC

Gain support for your child including toileting, bedtime routines and other behaviour issues.

For more information call **07747065477**

Breastfeeding Support drop in

Mondays 1-2:30 at Standish Library

Support with positioning, expressing and more.

Antenatal Clinic

By appointment only through the Midwives.

Mondays 1-3 at Douglas Valley link

Wednesdays 9:30-12 at Beech Hill link

Thursdays 1-5pm at Ince SWFC

Sensory Room at Standish Library

A range of time slots are available to book. Suitable for children aged 0-4 years. Come and explore lights, textures and sounds.

Sensory Garden at Ince SWFC at Standish Library

A range of time slots are available to book. Suitable for children steady on their feet to 7 years.

Well Baby Clinic

Thursdays 9:30-12 at Ince SWFC

By appointment only through Ince SWFC. Gain support from your local Health Visiting team and weigh your baby.



Community Events



Join us at our **FREE** community events throughout the summer holidays. Booking is essential. Scan the QR codes for each event to register your tickets online.

Pre-registered tickets only. Tickets are available for families living in the following areas:

Ince, Scholes, New Springs, Whelley, Aspull, Standish, Shevington Beech Hill & Wigan Town Centre.

Thursday 4th August
Shevington Youth Club
1-3:30pm

Lot's of fun activities for all the family.
Learn more about Start Well, register your family and sign up for future sessions.

Joxy Tales
Face painting
Nomad Rangers
Summer crafts & games
And more!



Wednesday 10th August
Mesnes Park
1-3:30pm

Lot's of fun activities for all the family.
Learn more about Start Well, register your family and sign up for future sessions.

Nomad Rangers
Summer crafts
Family games
And more!



Thursday 18th August
Walmsley Park
1-3:30pm

Lot's of fun activities for all the family.
Learn more about Start Well, register your family and sign up for future sessions.

Nomad Rangers
Summer crafts
Family games
And more!



Wednesday 24th August
Mesnes Park
1-3:30pm

Lot's of fun activities for all the family.
Learn more about Start Well, register your family and sign up for future sessions.

Nomad Rangers
Summer games
Family games
And more!



Ince SWFC Open Day
Friday 26th August
Ince SWFC
1-3:30pm

Meet our team and find out what's on offer in our local community.

Face painting
Family games
Toy Library & Sensory garden
Community Forest School
And more!



Check out our Facebook page for full event details:
@incestartwellfamilycentre



Register your family here:

