



St. Wilfrid's CE Primary Academy Curriculum Overview 2022-2023

Physical Education



Year	Autumn Term		Spring Term		Summer Term	
All Year Groups:	<p><i>Children are taught by specialist teachers in PE lessons, where they develop competence to excel in a broad range of physical activities. They are encourage to be physically active with PE lessons and throughout the school day. There are many opportunities for children to engage in competitive sports (intra and inter school) and children are encouraged to lead healthy, active lives.</i></p>					
1	Fundamental Movement Skills Dance	Fundamental Movement Skills Dance	Gymnastics Dance	Gymnastics Dance	Sending and Receiving Games Athletics	Racket and ball games Creating games with others
2	Fundamental Movement Skills Dance Swimming	Invasion Games Dance Swimming	Athletics Swimming	Gymnastics Swimming	Net Games Swimming	Striking and fielding Swimming
3	Invasion Games Swimming	Net Games Tennis Swimming	Sportshall Athletics Swimming	Gymnastics Swimming	Striking & Fielding Games Rounders Swimming	Outdoor Adventurous Activities Swimming
4	Invasion Games Swimming	Net Games Tennis Swimming	Sportshall Athletics Swimming	Gymnastics Swimming	Striking & Fielding Games Rounders Swimming	Outdoor Adventurous Activities Swimming
5	Invasion Games Swimming	Net Games Volleyball Swimming	Sportshall Athletics Swimming	Gymnastics Swimming	Striking & Fielding Games Cricket Swimming	Outdoor Adventurous Activity Swimming
6	Invasion Games Swimming	Net Games Volleyball Swimming	Sports hall Athletics Swimming	Gymnastics/Yoga Swimming	Striking & Fielding Games Cricket Swimming	Outdoor Adventurous Activity Swimming